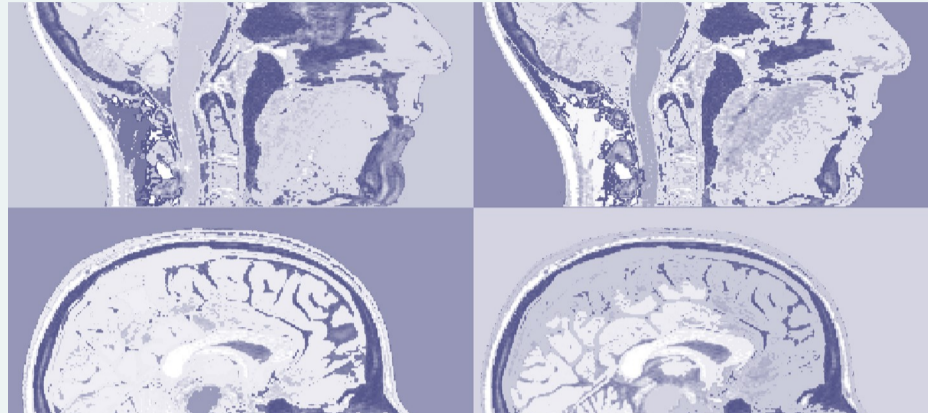


# BRAIN POWER

Weekly newsletter of BSMS Neuroscience



## Tada!

We made a newsletter

**W**elcome to the first Neuroscience newsletter. The plan is to produce one of these every Friday so people know what's going on across the Department. Obviously, the output is only as good as the input, and we'd love to hear from you if you have some news that you'd like to share—please email either Christina or Alexei.

“Science is a creative endeavour at heart” -  
Dr  
Charlotte  
Clarke

## Publications

### SRO & AAM

A gentle reminder about SRO compliance. As soon as your manuscript is accepted, please let the Neuroscience office know. We will need the accepted manuscript (not the corrected manuscript, or the publisher's manuscript), together with journal details and the date of acceptance.

## Tomatoid

### Pomodoro Technique

At a recent training course entitled 'Managing Time and Tasks' (highly recommended) we learned about an online app called **Tomatoid**. The idea is that work focus can be improved by using a customisable tracker. Christina and Alexei have decided to give it a go, and they'll be calling it their 'Tomato Time'. If you see this notice on the office door, please come back later.

## DATES

Fri 24<sup>th</sup> Nov—Lab meeting  
Wed 29<sup>th</sup> Nov—Bake off  
Fri 1<sup>st</sup> Dec—Winter meal  
Fri 8<sup>th</sup> Dec—Lab meeting  
Fri 22<sup>nd</sup> Dec—Winter break begins  
Tue 2<sup>nd</sup> Jan—Welcome back

## Baby Ren

# Awww

